

## When a loved one is arrested

[Click Here](#)

TAC's [resource](#) offers guidance for navigating next steps.

## How to find a lawyer

[Click Here](#)

TAC's [resource](#) provides strategies for seeking legal counsel.

## Mental health history

[Click Here](#)

TAC's [mental health history form](#) can be used to advocate for mental health/medical services while your loved one is in jail.

## Right to services

[Click Here](#)

The [8<sup>th</sup> Amendment of the U.S. Constitution](#) protects against cruel and unusual punishment, supporting an inmate's right to necessary mental health services.

## Sharing information on medications

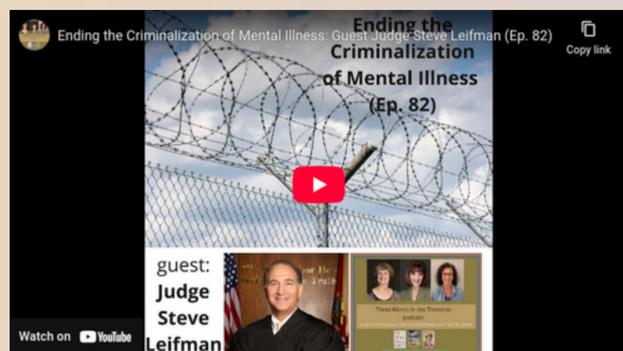
[Click Here](#)

TAC's [resource](#) includes a medication log to help you advocate for medication to be provided during the incarceration.

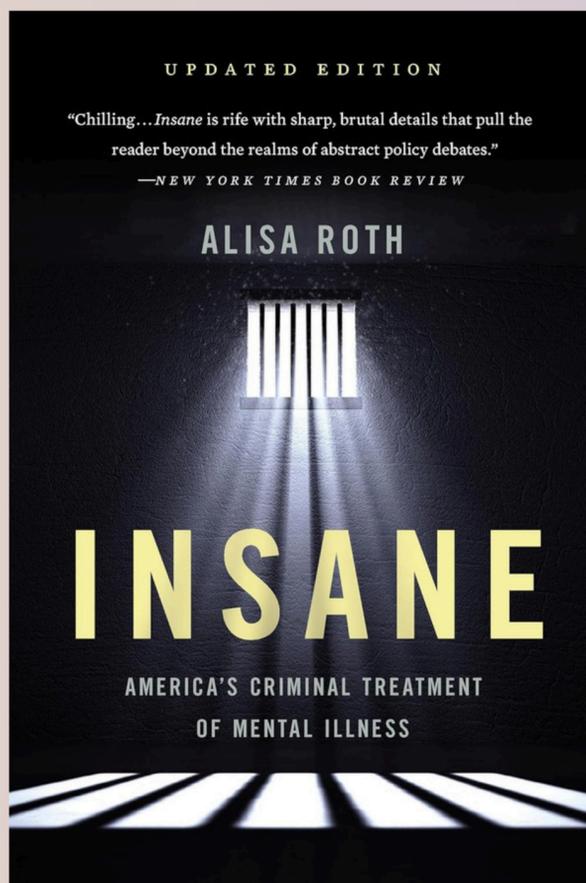
## Multimedia resources:



[Civil and Criminal Courts for Severe Mental Illness](#)



[Ending the Criminalization of Mental Illness: Guest Judge Steve Leifman \(Ep. 82\)](#)



[Insane: America's Criminal Treatment of Mental Illness](#)

## Information to share with jail providers:

- Determine what agency contracts with the county jail to offer mental health services and communicate with that agency.
- Briefly explain your relationship to the inmate and your concern for their mental well-being.
- Emphasize the importance of timely mental health treatment to prevent deterioration. Ask if they've been offered a form (such as a "pink slip" or "kite") to request care.
- Let staff know you understand confidentiality laws but want to share helpful medical history.
- Request a fax number to send info about medications, current providers, and known triggers.
- If suicide is a concern, explain why and ask them to use safety protocols.
- If medication is needed, share mental health and medication history.