

Assisted Outpatient Treatment (AOT)

Information about court-ordered services in the community.



AOT is court-ordered outpatient care designed for people with SMI who struggle to follow a treatment plan on their own.

Search for an AOT program:

[Click Here](#)

TAC's directory lists some AOT programs by state and county.

Guidance for seeking outpatient commitment:

[Click Here](#)

TAC's resource can help you advocate for inpatient or outpatient commitment, most common upon discharge from a hospital.

Discharge planning:

[Click Here](#)

TAC's resource provides guidance to help you advocate for AOT as part of a safe and appropriate discharge.

Benefits of AOT:

- Better medication adherence
- Reduced hospitalizations
- Fewer arrests
- Less time in homelessness
- Less victimization
- Reduction in violent behavior
- Decreased substance use
- Improved quality of life
- Lower overall treatment costs

Video resources:



[Civil and Criminal Courts for Severe Mental Illness](#)



[Jailed for severe mental illness - how can states do better?](#)



[Stopping the Revolving Door - A Civil Approach to Treating Severe Mental Illness](#)



[AOT Graduate Experiences](#)